



Lucky Coin
Multisport

Race Details



JEFFREY P. DAVIS

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Pediatric Dentistry and Limited Orthodontics



A special thank you to
**Jeff Davis, our
presenting sponsor.**

Timeline:

8:00-8:15	Arrive and check-in (packet and chip pickup)
8:15-8:45	Setup transition area
8:45-8:55	Mandatory athlete briefing

Approximate start times:

9:00	6-8 year-olds start, 50M swim
9:10	9-10 year-olds start, 100M swim
9:15	11-12 year-olds start, 150M swim
9:20	13-15 year-olds start, 150M swim

Exit the pool and go out through gate to sidewalk around basketball court to transition area in parking lot.

Put on clothes (shorts, shirt, socks, and shoes) if desired, and **race number.**

Walk bike to mount line. Get on bike. Head down Waynewood Blvd. toward Ft. Hunt Rd. Follow instructions from volunteers on course.

Bike:

6-8 year-olds One lap

9-15 year-olds Two laps

If you are riding two laps, do not turn into the driveway after the first lap. Continue on the road and complete the second lap. Then enter the transition area to dismount at the "Mount / Dismount" line.

Run:

6-8 and 9-10 year-olds will run one lap for .75 miles

11-12s will run two laps for 1.5 miles

13-15 will run three laps for 2.25 miles.

The wristbands you receive at check-in will have the number of run laps written on them. When you have finished the first lap, be careful crossing the driveway watching for returning bikes. They will be walking them at this point but there is still potential for collision.

Note: Some details may change in transition but the plan is to run transition as close to the included maps as possible.

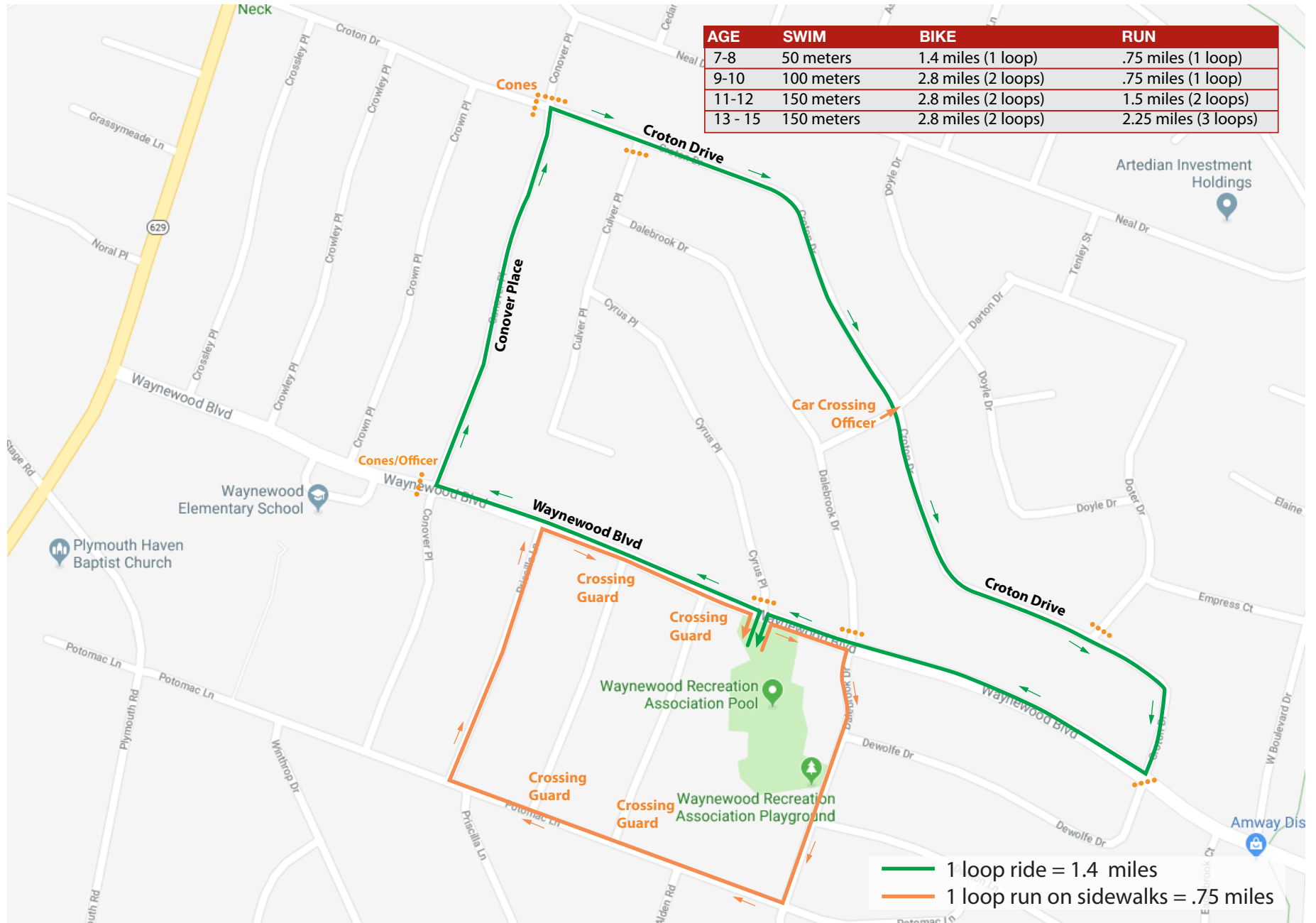
Awards:

The awards ceremony will begin at approximately 10:30 or as soon after everyone has finished as we can get the results.



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Waynewood Course Details - Overview



Waynewood Course Details - Transition-Swim/Bike



Waynewood Course Details - Transition-Run





Sponsors



Thank you to our course sponsors, The TZ Team at Keller Williams Realty, The Bike Lane and our sign sponsor VH Sign Company. You can find all their contact information on our website.

Our general sponsors are also appreciated and have provided valuable support.



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